



MEDICARE GUIDE

**FREE Dementia
Support Program**

Are you a family caregiver caring for a loved one with dementia? Don't do it alone. GUIDE is a free Medicare program that improves the quality of life for people with dementia and supports their family caregivers.



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Who	GUIDE is 100% free for patients with Medicare Parts A & B
What	\$2500 per year of paid respite care (if qualified) and family caregiver support from a Care Navigator
Where	Patient can live at home or assisted living
When	Monthly engagement and online training
How	Enrollment assessment performed via telehealth and in-home assessment

To enroll in GUIDE or to learn more, contact:

FIVE STAR
HOME HEALTH CARE

Phone 703-436-0150
Fax 703-552-7503
E-mail guide@fshhc.com
Web www.fshhc.com/guide



Stop Guessing, Start Knowing

Feel confident and comfortable with expert guidance from a dementia care navigation professional.



Live Safely

Create a dementia-friendly home with our home safety and fall risk assessments, plus improvement recommendations.



Paid Temporary Care

Respite relief for family caregivers: 80 hours of in-home personal care, 9 days of assisted living or 32 days of adult daycare.



You're Not Alone

Navigate the world of dementia care with our help, connecting you to doctors, nurses, social workers and community health resources.



Medication Education

Demystify your medications and understand their purpose with our expert guidance.



Expert Training

Receive expertly developed education for family caregivers on how to care for your loved one with dementia.