

CARING FOR PATIENTS WITH PARKINSON'S



Medications - On time, every time:

- Parkinson medications must be given **on time every time** as prescribed by their neurologist.
- There is no “window” with prescribed times
- A Parkinson's patient's medications should NOT be changed without consulting the patient's neurologist.
- Changing the patients medications to formulary meds can exacerbate their Parkinson's disease, create harm and extend their hospitalization.

For patients with Parkinson's disease, it is important that in addition to being treated for the condition that led to their hospitalization, their treatment for Parkinson's disease continues as prescribed by their neurologist.



Contraindicated medications to avoid:

Haloperidol (Haldol) and most neuroleptics

- Phenothiazines & antiemetics: prochlorperazine (Compazine), metoclopramide (Reglan), promethazine (Phenergan) and droperidol (Inapsine)
- Commonly prescribed opioid medications are contraindicated with selective MAO B inhibitors such as rasagiline (Azilect), selegiline (L-deprenyl, Eldepryl), and selegiline HCL oral disintegrating (Zelapar)

→ Medications considered safe ←

- Pimavanserin (Nuplazid), quetiapine (Seroquel) and clozapine (Clozaril)
- Trimethobenzamide (Tigan) and ondansetron (Zofran)

More information at
ipmdc.org/hospital

We recommend:



- The patient and/or caregiver be allowed to self-administer the patient's Parkinson medications
- Patients be permitted to use medications from their home supply, in their original containers.
- The caregiver be present where possible, to advocate for the patient.
- Should a nasogastric tube be required, carbidopa/levodopa 25/100 immediate release tablets can be crushed and administered via the tube.



Attention: Emergency Responders

My name is _____ and I'm living with Parkinson's Disease.

- Emergency contact information and list of medications are attached to this document.
- Where to find my Emergency Go Bag _____.

I may be slow to process your questions and respond, particularly when stressed, but this does not necessarily mean I have cognitive issues. My voice may be soft, and my face may not express my emotions.

It is imperative that my Parkinson medications, as prescribed by my neurologist, are given on time, every time while in your care. If they are not, my symptoms will be worse, and my recovery delayed.

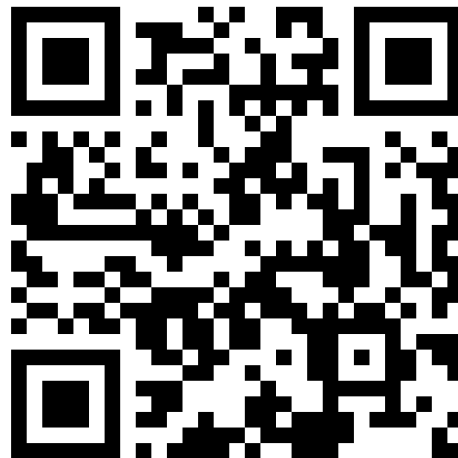
Where to find my medications _____.

I also have:

Yes / No Deep brain stimulation device (leads in brain, generator under collarbone)

Yes / No Subcutaneous continuous infusion device.

**More information about caring
for Parkinson's patients at
ipmdc.org/hospital**



Emergency contact information

First name, last name	
Date of Birth	
phone number	
Address	
Preferred hospital	
Emergency contact name	
phone number	
Emergency contact name	
phone number	
Primary Care Physician	
phone number	
Neurologist	
phone number	
Pharmacy	
phone number	
Health insurance, policy #	
Advance health care directive on file at:	

Medication information for ALL conditions

Name: _____ Date last updated ____/____/____

Medication	Reason taken	Dose	Time of day

Medical History

First name, last name	
Allergies?	
Surgeries / when?	
Other conditions?	
Special diet?	

Hospital Go Bag Check List

These are just some suggestions for what to include in your emergency go-bag for when you need to go to hospital. You can personalize it to your needs.

****Remember to check your bag every month to ensure that your documents are up to date and your medications are correct and within the use by date.**

	Documents		Items
	IPMDC Medications list*		Medications in their original containers for at least 3-5 days
	IPMDC Emergency contact information*		Device charger
	IPMDC Medical History*		Toiletries
	IPMDC Patient Care for People with Parkinson's*		Change of clothes
	IPMDC Emergency responders letter*		phone charger
	Advance Health Care Directive or Living Will		Portable charger/powerbank
	Medical Durable Power of Attorney		Glasses, hearing aids, dentures & containers to hold them
	Virginia POST form		mobility device
			Paper, pen
			Name tags for belongings

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