



Steps to Get a Homemaker/ Home Health Aide through your VA Benefits

1. Get enrolled into VA health system (see instructions below)
2. Once enrolled, set up an appointment with a VA Dr. and make sure you tell the doctor you want to receive the Homemaker/Home Health Aide Program
3. Get your Homemaker/Home Health Aide Benefit if you qualify. A Social Worker will call when you are approved for benefits– If you don't hear anything within a few weeks of your medical appointment, keep calling them. Once qualified, you will be assigned a number of hours a week you can have Homemaker or Home Health Aide (typically 9-21 hours per week depending on your needs)

Steps to Enroll in VA Healthcare System:

1. **How to Enroll:** The Homemaker & Home Health Aide Care **is issued only to Veterans who are enrolled in the VA health care system.** If you are not enrolled in the VA healthcare system, you may apply for enrollment online at www.va.gov/healthbenefits/enroll or by calling 1-877-222-VETS (8387) Monday – Friday from 8 a.m. to 8 p.m. ET. You may also apply for enrollment in person at your local VA medical facility. Once your enrollment is verified, you may have your picture taken at your local VA medical center, so that a VHIC can be mailed to you.



2. Make a Physician Appointment:

Once enrolled with the VA, you will have to see a VA Doctor at least once per year for medical care. The number for the VA clinic at Ft. Belvoir is: 571-231-2408 or call the DC VA Geriatric Department is [202-745-8000](tel:202-745-8000), ext. [58422](tel:202-745-58422). DC VA Doctors' appointments can be done virtually so this is a fairly easy process.

During your doctor's appointment, you will need to tell the doctor why you need the Homemaker/ Home Health Aide Service. In other words, what activities or living (bathing, dressing, toileting, mobility) and what independent living activities (laundry, linens, errands, meal prep, etc,) you require assistance with. The physician will put an order in with the Department of Geriatric social Work Services and they will determine eligibility.

3. Qualify for Homemaker/ Home Health Aide Benefit:

When you hear from the VA's Geriatric Social Workers, make sure to tell them you would like Home Instead to be your home care provider. Reach out to the Social Work Department if you don't hear from them within 2 weeks of your doctor's appointment. Social worker contacts: #202-745-8338 Nikia Butler or call Donald Willis #202-894-4453

The website that explains the Homemaker/ Home Health Aide Program can be accessed at: [Homemaker and Home Health Aide Care - Geriatrics and Extended Care \(va.gov\)](https://www.va.gov/geriatrics/extended-care/) Look under veteran's section and you can learn all about benefits.