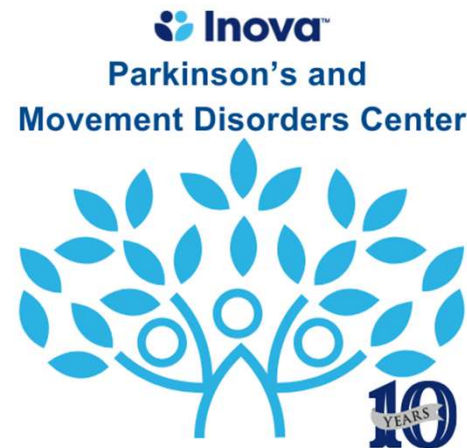

Inova Parkinson's and Movement Disorders Center



*A comprehensive Parkinson's Center
for the highest level of clinical care,
and for every day in between.*



Recognition by the American Academy of Neurology April 2026



A Great Team!

Inova.org/move

Movement Disorders Specialists



Drew Falconer, MD, FAAN
Medical Director, IPMDC



Sean Rogers, MD, PhD
IPMDC Co-founder



David Whitney, MD
Associate Neurology
Clerkship Director



Abigail Lawler, MD
IPMDC Autonomics
Director



Mick Reedy, MD

Nurse Practitioners (FNP)



Rebecca Patel



Therese Findjieu



Sonia Gow
Center coordinator

Nursing specialists: Kelsey, Eunice, Sara



Jenn Pauldurai, MD
Cognitive & behavioral
neurologist
Director, Brain Health and
Memory Disorders Program



Emmi Scott, PhD
Neuropsychologist
Functional Movement Disorders (FND)



Neurosciences

Parkinson's and Movement Disorders Center (IPMDC)

Alexandria

1500 N. Beauregard St.
#300
Alexandria, VA 22311

Fairfax

8081 Innovation Park Dr.
#900
Fairfax, VA 22031

Fair Oaks

3620 Joseph Siewick Dr.
#400
Fairfax, VA 22033

Gainesville

7051 Heathcote Village Way
#230
Gainesville, VA 20155

Leesburg

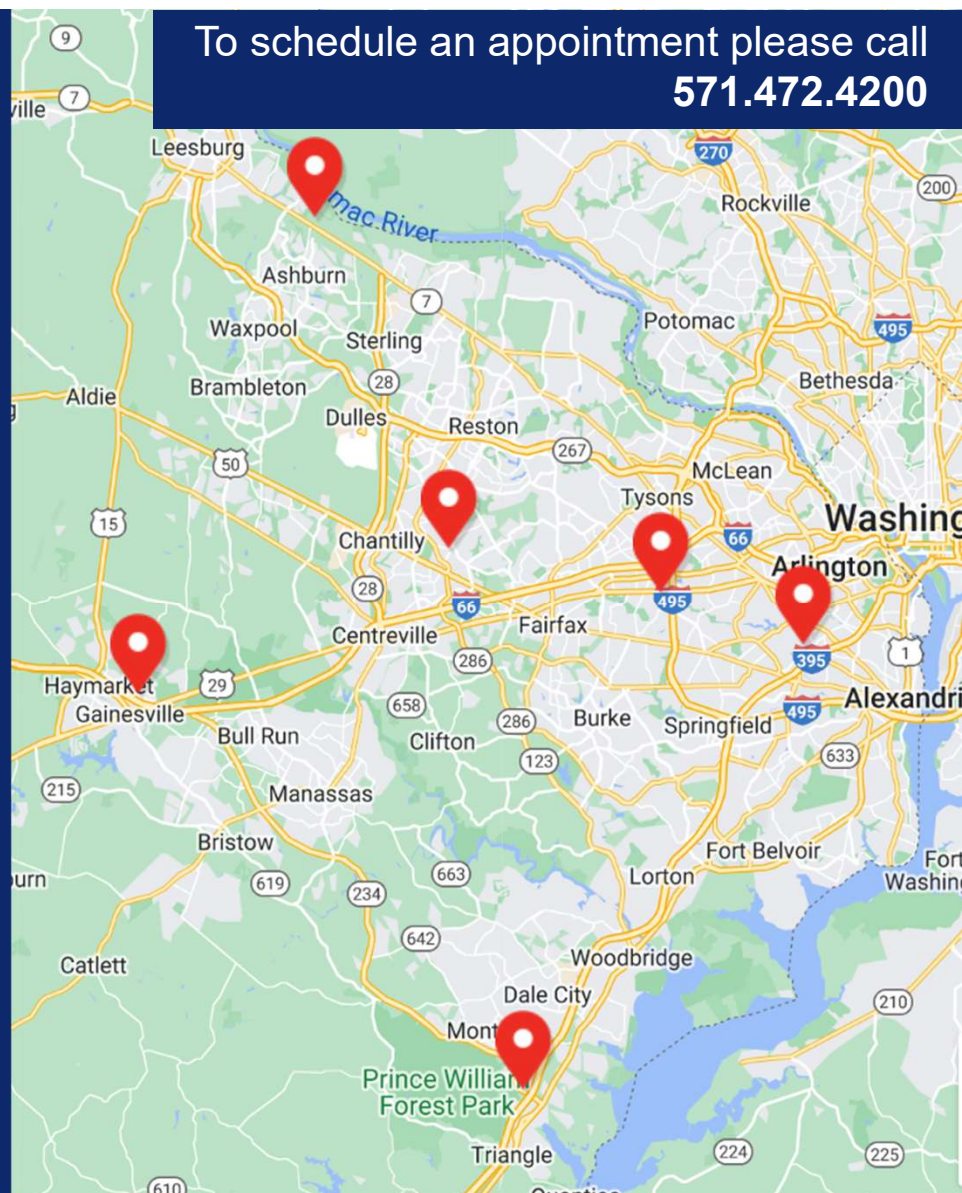
44055 Riverside Parkway
#110
Leesburg, VA 20176

Dumfries

3800 Fettle Park
#312
Dumfries, VA 22025

Copyright 2026 IPMDC. Kindly do not alter, copy or disseminate without permission.

To schedule an appointment please call
571.472.4200



The best way to communicate with our team?

Please use MyChart to communicate with specialists

- More direct, secure, and faster than phone calls



Over 125 regular programs each month.

In-person

- Parkinson Friends
- Dance for PD
- UpENDING Parkinson's (climbing)
- Boxing/Strength *NEW* PD-Friendly Hiking!
- High Intensity Interval Training
- Yoga
- Dual Task (Stand Tall, Speak Loud)
- Therapy classes – exercise, communication, Brain Choir
- Improv for Movement & Memory

Online

- Dual Task for Parkinson's
- Zumba Gold for Parkinson's
- Voice Speech Communication
- Exercise Rx / How do I . . . ?
- Parkinson's Journey
- *NEW* Maintain Your Brain
- Let's Chat About Thinking
- Healthy Eating
- Live a simpler, safer, less cluttered life.

About Our Programs

[IPMDC.org](https://www.ipmdc.org)

Over 125 regular programs each month to keep you moving and engaged!

- Online, and in-person at multiple locations throughout northern Virginia
- Educational, exercise/wellness and social/supportive
- Feature Parkinson and community experts
- IPMDC programs are open to anyone with Parkinson's, their families, and friends
 - Not limited to Inova patients
- Educational programs for allied health professionals in senior living

Resources

Available
through
ipmdc.org

- E-newsletter
- Calendar
- Ipmdc.org is a living document and updated almost daily.
 - Resources
 - Libraries of recordings of our programs and online specialist presentations
 - Patient Assistance – including **IPMDC Patient Care Kit**
 - PD 101
 - Online and in-person programs

Donate

[IPMDC.org/donate](https://ipmdc.org/donate)



IPMDC programs are offered at no cost thanks to the generosity of our community.

Your gifts of gratitude to the **Inova Parkinson's and Movement Disorders Center**, stay in our community to directly benefit Parkinson patients, their families and friends.

Inova is a nonprofit community organization.



Neurosciences

Parkinson's and Movement Disorders Center

Contact Us!

To schedule an appointment
please call **571.472.4200**

[Inova.org/move](https://www.inova.org/move)

Copyright 2026 IPMDC. Kindly do not alter, copy or disseminate without permission.

Sonia Gow

Program and Community Care Manager
Inova Parkinson's & Movement Disorders
Center

Sonia.Gow@inova.org | (703) 375-9987

www.ipmdc.org – programs and resources

Find us on Facebook! [@InovaMove](https://www.facebook.com/InovaMove)

Transform the lives of families living with
Parkinson's - [IPMDC.org/donate](https://www.ipmdc.org/donate)

Subscribe to our weekly e-newsletter!

IPMDC News

www.ipmdc.org/newsletter